

CAMPAIGN PROGRAM: REHABILITATION OF RELEASED DETAINEES FROM SYRIAN REGIME PRISONS

Phase 2: Medical and Psychological Assessment

Objective:

Phase 2 is focused on evaluating the physical and psychological conditions of the released detainees to identify those in need of immediate care. The goal is to assess their overall well-being, provide urgent medical and psychological interventions, and prepare a personalized rehabilitation plan for each individual.

Roadmap and Timeline:

Week 1-2: Preparation and Team Setup

1. Assemble the Medical and Psychological Teams:

- **Objective:** Ensure that all professionals are ready to conduct thorough medical and psychological assessments.
- **Action:**
 - **Medical Team:** Doctors, nurses, and medical assistants for conducting physical health assessments.
 - **Psychological Team:** Psychologists and trauma specialists to provide psychological evaluations and interventions.
- **Timeframe:** 2 weeks

2. Finalize Data Collection Tools and Protocols:

- **Objective:** Develop and finalize the tools for medical and psychological assessment.
- **Action:**
 - Design assessment forms for physical health (e.g., injury, chronic diseases, medication needs) and psychological status (e.g., PTSD, depression).
 - Create a secure system for documenting and storing sensitive health information.
- **Timeframe:** 2 weeks (week 1-2)

3. Train the Assessment Team:

- **Objective:** Ensure that all team members understand the protocols for conducting assessments.
- **Action:**
 - Conduct training sessions on assessment tools, confidentiality, ethical considerations, and how to approach sensitive topics.
 - Train the team to identify red flags and prioritize cases requiring urgent care.
- **Timeframe:** 1 week (week 2)

Week 3-4: Initial Assessments and Screening

1. Outreach and Scheduling:

- **Objective:** Schedule initial assessments for detainees, especially those who

require urgent medical or psychological attention.

- **Action:**
 - Contact the detainees and schedule appointments for assessments in coordination with local partners.
 - Prioritize those with critical medical or psychological needs based on earlier profiling.
- **Timeframe:** 1 week (week 3)
- 2. **Conduct Initial Medical and Psychological Assessments:**
 - **Objective:** Assess the physical and mental health of detainees to determine immediate needs.
 - **Action:**
 - **Medical Assessments:**
 - Full physical exams, including blood pressure checks, injury assessments, and chronic disease screening (e.g., tuberculosis, hepatitis).
 - Provide immediate medical care for critical cases (e.g., wounds, infections).
 - **Psychological Assessments:**
 - Conduct interviews to identify signs of trauma, PTSD, depression, anxiety, and other psychological disorders.
 - Use psychological scales and questionnaires (e.g., PTSD Checklist, Beck Depression Inventory) to assess severity.
 - **Timeframe:** 2 weeks (week 3-4)
- 3. **Immediate Care and Intervention:**
 - **Objective:** Provide necessary medical and psychological interventions.
 - **Action:**
 - Administer first aid, pain management, and prescribed medications for physical health concerns.
 - Offer immediate psychological support such as trauma-informed care, and crisis intervention for those with severe mental health conditions.
 - **Timeframe:** Ongoing during weeks 3-4

Week 5-6: In-Depth Follow-Up and Treatment Planning

1. **Follow-up Assessments for High-Risk Cases:**
 - **Objective:** Provide more in-depth evaluations for individuals identified as high-risk, either medically or psychologically.
 - **Action:**
 - **Medical Follow-ups:** Additional tests and check-ups for individuals with chronic conditions or critical injuries.
 - **Psychological Follow-ups:** In-depth interviews and therapy sessions for individuals with severe trauma, memory loss, or mental imbalances.
 - **Timeframe:** 2 weeks (week 5-6)

2. Create Personalized Treatment Plans:

- **Objective:** Develop customized treatment plans based on individual assessments.
- **Action:**
 - **Medical Treatment Plans:**
 - Outline a course of medical treatment, including any surgeries, medications, or long-term care plans (e.g., follow-up appointments).
 - **Psychological Treatment Plans:**
 - Tailor psychotherapy plans based on the severity of PTSD, depression, and other psychological disorders. This includes specifying types of therapy (e.g., cognitive-behavioral therapy, trauma-focused therapy) and frequency of sessions.
- **Timeframe:** 1 week (week 6)

3. Establish Emergency Referral System:

- **Objective:** Set up a system to refer detainees who require more specialized medical or psychological care to hospitals or trauma centers.
- **Action:**
 - Identify and establish partnerships with specialized clinics, hospitals, and psychological care centers.
 - Ensure that referrals are made swiftly for those who need more advanced treatment.
- **Timeframe:** Ongoing during week 5-6

Week 7-8: Monitoring and Reporting

1. Ongoing Monitoring and Adjustments:

- **Objective:** Continue monitoring the health and psychological recovery of detainees receiving treatment.
- **Action:**
 - Regular follow-up visits and calls to track progress and ensure that prescribed treatments are effective.
 - Adjust medical or psychological interventions based on feedback and progress.
- **Timeframe:** Ongoing (week 7-8)

2. Prepare Reports:

- **Objective:** Document all findings, treatments, and outcomes from the assessments for reporting to the board, donors, and relevant stakeholders.
- **Action:**
 - Compile individual and group reports on medical and psychological assessments.
 - Include treatment plans, progress, and any critical cases for further support.
- **Timeframe:** 1 week (week 8)

Key Deliverables by End of Phase 2:

- **Medical and Psychological Assessment Reports:** Completed evaluation forms for all detainees, highlighting key findings.
- **Personalized Treatment Plans:** Custom treatment plans developed for each detainee based on their medical and psychological needs.
- **Emergency Referral System:** A network of specialized health and psychological care providers.
- **Follow-up Strategy:** A clear strategy for ongoing monitoring and support for detainees throughout their recovery.

Phase 2 Timeline Summary:

Week	Activity
Week 1-2	Assemble team, finalize tools, and train assessment team
Week 3	Schedule initial assessments and begin outreach
Week 3-4	Conduct medical and psychological assessments
Week 3-4	Provide immediate care for critical cases
Week 5-6	Follow-up for high-risk cases and create personalized treatment plans
Week 6	Establish emergency referral system and partnerships
Week 7-8	Ongoing monitoring, adjustments, and final reporting

Budget Estimate for Phase 2:

- **Medical Equipment and Supplies:** \$10,000
 - **Psychological Assessment Tools and Resources:** \$5,000
 - **Medical Staff and Psychological Team Salaries:** \$25,000
 - **Treatment and Emergency Referrals:** \$15,000
 - **Travel and Logistics:** \$5,000
 - **Miscellaneous Costs:** \$5,000
- Total Phase 2 Budget Estimate:** \$60,000

This phase is critical for ensuring that the detainees receive the proper medical and psychological care they need, addressing urgent health concerns, and creating long-term rehabilitation plans.